

Dove Inc. Domestic Violence Program

Support Groups and Classes

Domestic Violence Victim/Survivor Support Groups

Tuesdays – 5:30 p.m. to 7:00 p.m. (Children’s support group available)

Wednesdays – 10:30 a.m. to Noon (Children’s services available)

Domestic Violence 101 Class [Begins March 13th]

Tuesdays – 1:30 p.m. to 2:30 p.m. (Children’s services available)

15 week curriculum course

Legal Advocacy Support Group [Begins February 5th]

Mondays – 1 p.m. to 2 p.m. & 6 p.m. to 7 p.m.

Healthy Families w/ Parenting Specialist [Will resume when position filled]

Wednesdays – 9 a.m. to 10 a.m. (Children’s services available)

Bible Study for Victims/Survivors

Wednesdays – 1 p.m. to 2 p.m.

Golden Doves: An Elder Abuse Support Group [Begins March 1st]

Thursdays – 10 a.m. to 11 a.m.

Nutrition & Healthy Living [Begins February 16th]

1st & 3rd Fridays – 9 a.m. to 10 a.m. (Children’s services available)

Self Care & Stress Relief [Begins February 9th]

2nd Fridays – 1 p.m. to 2 p.m. (Children’s services available)

4th Fridays – 6 p.m. to 7 p.m. (Children’s services available)

Life Skills Class

Fridays – 10 a.m. to 11 a.m.

Dove Inc. Domestic Violence Support Groups and Classes

	Monday	Tuesday	Wednesday	Thursday	Friday
8 a.m.					
8:30 a.m.					
9 a.m.			Healthy Families Class		Nutrition & Healthy Living - 1st and 3rd Fridays
9:30 a.m.					
10 a.m.				Golden Doves (Elder Abuse Support Group)	Life Skills Class
10:30 a.m.					
11 a.m.			DV Support Group		
11:30 a.m.					
12 p.m.					
12:30 p.m.					
1 p.m.	Legal Support Group		Bible Study for Victims & Survivors		Self Care & Stress Relief - 2nd Fridays
1:30 p.m.					
2 p.m.		DV 101 Class			
2:30 p.m.					
3 p.m.					
3:30 p.m.					
4 p.m.					
4:30 p.m.					
5 p.m.					
5:30 p.m.		DV Support Group & Children's Support Group			
6 p.m.					
6:30 p.m.	Legal Support Group				Self Care & Stress Relief - 4th Fridays
7 p.m.					
7:30 p.m.					